

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Birdroad, FL

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>10:00 AM ~ 11:10 AM</b>	Tai Chi in-studio online		Tai Chi in-studio				
<b>06:00 PM ~ 07:10 PM</b>			Tai Chi in-studio				