

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Littleton, CO

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>09:20 AM ~ 10:40 AM</b>				Tai Chi and Qigong in-studio			Tai Chi and Qigong in-studio
<b>05:50 PM ~ 07:10 PM</b>			Tai Chi and Qigong in-studio online.		Tai Chi and Qigong in-studio		