

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Miami, FL

	SUN	MON	TUE	WED	THU	FRI	SAT
<b>10:00 AM ~ 11:10 PM</b>	Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio				
<b>01:00 PM ~ 02:00 PM</b>							Yoga and Qigong online
<b>06:30 PM ~ 07:30 PM</b>				Tai Chi and Qigong in-studio			