

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Littleton, CO

	SUN	MON	TUE	WED	THU	FRI	SAT
09:20 AM ~ 10:40 AM				Tai Chi and Qigong in-studio			Tai Chi and Qigong in-studio
05:50 PM ~ 07:10 PM			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio		