

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Everett, WA

	SUN	MON	TUE	WED	THU	FRI	SAT
10:30 AM ~ 11:45 AM					Tai Chi and Qigong in-studio online.		
06:30 PM ~ 07:45 PM					Tai Chi and Qigong in-studio online.		