

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Brookline, MA

	SUN	MON	TUE	WED	THU	FRI	SAT
09:50 AM ~ 11:10 AM					Tai Chi and Qigong in-studio		Yoga and Qigong in-studio online
11:50 AM ~ 01:10 PM				Tai Chi and Qigong in-studio online			
06:20 PM ~ 07:40 PM				Tai Chi and Qigong in-studio	Tai Chi and Qigong online		