

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Burbank, CA

	SUN	MON	TUE	WED	THU	FRI	SAT
09:00 AM ~ 10:00 AM	Yoga and Tai Chi online						
09:30 AM ~ 10:30 AM			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio online		Yoga and Tai Chi in-studio online
06:00 PM ~ 07:00 PM			Tai Chi and Qigong in-studio online		Tai Chi and Qigong in-studio online		