

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Lakewood, CO

| | SUN | MON | TUE | WED | THU | FRI | SAT |
|---------------------|-----|-----|-----|-----------------------------|-----|-----|-----|
| 09:30 AM ~ 10:40 AM | | | | Tai Chi in-studio online | | | |
| 06:00 PM ~ 07:10 PM | | | | Tai Chi in-studio online | | | |