

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, Katy, TX

	SUN	MON	TUE	WED	THU	FRI	SAT
10:30 AM ~ 11:40 AM					Tai Chi and Qigong in-studio		Tai Chi and Qigong in-studio
06:30 PM ~ 07:40 PM				Tai Chi and Qigong in-studio			