

# WEEKLY SCHEDULE

## Body & Brain Yoga Tai chi, West Linn, OR

	SUN	MON	TUE	WED	THU	FRI	SAT
09:00 AM ~ 10:00 AM							Tai Chi and Qigong in-studio online.
06:45 PM ~ 07:45 PM					Tai Chi and Qigong in-studio online.		