

WEEKLY SCHEDULE

Body & Brain Yoga Tai chi, Santa Fe, NM

	SUN	MON	TUE	WED	THU	FRI	SAT
07:00 AM ~ 08:00 AM					Body & Brain Yoga [All levels] online		
10:00 AM ~ 11:00 AM		Body & Brain Yoga [All levels] online		Tai Chi and Qigong online		Energy Movement online	Body & Brain Yoga [All levels] online
12:00 PM ~ 01:00 PM			Body & Brain Yoga [All levels] online		Tai Chi and Qigong online		Tai Chi and Qigong online
05:00 PM ~ 06:00 PM			Body & Brain Yoga [All levels] online		Body & Brain Yoga [All levels] online		
06:00 PM ~ 07:00 PM		Body & Brain Yoga [All levels] online		Tai Chi and Qigong online		Energy Movement online	